



AndrewSimsCentre  
for professional development



Leeds and York Partnership  
NHS Foundation Trust



Workshop

# Voices of Self-Harm and Suicide

'A contemporary theoretical and clinical picture of assessment and treatment?'

**Monday 3 October 2022**

Clayton Hotel, 7 City Walk, Leeds, LS11 9AT

9.15am Registration, 9.30am Welcome and 4.30pm, Close

The workshop addresses the topic of adolescent mental health from a developmental perspective. It takes as its starting point early infancy mapping out theoretical and clinical constructs that inform our understanding of adolescence and young adulthood. There are major guidelines and reports that are utilised during the workshop from the National Institute for Health and Care Excellence (UK) and the World Health Organisation (WHO) and my own research into suicide and self-harm.

After attending this course delegates will be able to:

- To have a developmental understanding of adolescent mental health
- To have a greater understanding of the developmental trajectory of mental disorder
- To consider ways in which this influences clinical or community practice
- To reflect upon theory, practice, and research and how these interact

## About our speaker:

**Dr. Terence Nice:** is Emeritus Director (Psychotherapy) and Internal Examiner at the University of Kent and a Visiting Lecturer at Regent's University London. He trained as a psychoanalytic psychotherapist at the University of Kent before going onto the MA in infant observation at the Tavistock Clinic, London. He has always been fascinated by early developmental experiences and how these impact upon adolescent and adult psychopathology. Since completing his doctoral thesis 'Troubled Minds and Scarred Bodies' in 2012, his research focus has been upon capturing and understanding the complex intentional and motivational systems that characterise self-harming and suicidal behaviours in young people. He contributed to the development of the Mind and Body Programme, winner of the UK Public Mental Health and Well-being award (2017). He is a Senior Psychotherapist with the Priory UK and an active researcher. He has published papers on self-harm and attempted suicide in young people and is a reviewer for the British Journal of Psychotherapy.

## Course Feedback:

*"Excellent, thought provoking"*

*"Speaker was very engaging, knowledgeable and delivery was excellent"*

*"Inspiring and relevant research to read"*

*"The workshop was interesting and also learned from the experience of other delegates"*

## Course Fees:

**£185.00**

All learning materials, lunch and refreshments are included.

## Reservations:

Please complete the reservation form overleaf and email to [andrewsimscentre.lypft@nhs.net](mailto:andrewsimscentre.lypft@nhs.net)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

## Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 6 CPD hours subject to your peer group approval.

## This conference is suitable for:

Mental Health Practitioners, clinicians, psychologists, therapists, counsellors and social workers

[www.andrewsimscentre.nhs.uk](http://www.andrewsimscentre.nhs.uk)  
[andrewsimscentre.lypft@nhs.net](mailto:andrewsimscentre.lypft@nhs.net)  
0113 85 55638





# Andrew Sims Centre Reservation Form

Course Title: **Voices of Self-Harm and Suicide**

Date: **Monday 3 October 2022**

## YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title ..... First Name .....

Surname ..... Job Title .....

Speciality .....

Trust / Organisation .....

Preferred Mailing Address .....

..... Postcode .....

Work Telephone ..... Mobile .....

Email .....

Dietary ..... Other .....

Signature ..... Date .....

## NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please click [here](#).

## COURSE FEES

[ ] One Place £185.00

## BOOKING & PAYMENT OPTIONS

Please choose **ONE** of the following payment options (1 to 6)

- ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with credit or debit card
- TELEPHONE:** 0113 855 5638 with credit or debit card
- EMAIL:** andrewsimscentre.lypft@nhs.net
- BACS:** Account Number: 10003312 Sort Code: 60-70-80  
Please use ref ASC031022-DELEGATENAME
- INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net  
Trust .....  
Purchase Order Number .....
- LYPFT Internal Transfer:**  
Budget Holder Name .....  
Budget Holder Email .....  
Budget Code: .....  
Budget Holders signature .....  
Budget Transfer will occur in **OCTOBER 2022**

**All Payment must be received in advance of event.**

## HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and email it to [andrewsimscentre.lypft@nhs.net](mailto:andrewsimscentre.lypft@nhs.net). Please check individual courses for venue details.

## PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

## ACCREDITATION

This course is eligible for **6** CPD hours subject to your peer group approval.

## THE VENUE

Clayton Hotel is 2 minutes away from M621 Junction 3 and has over 180 fully secure, underground parking spaces on site. For access turn left onto Sweet Street, take the first right at the small roundabout and right again at the next roundabout. Drive down the ramp between the hotel and the blue building to enter. The venue is an 8-minute walk from Leeds Train Station.

## OVERNIGHT ACCOMMODATION

Please contact the venue directly to arrange accommodation.

## CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please click [here](#)

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]