



Masterclass: Autism and Asperger's Syndrome in Adults

Everything you need to know about Adult Autism

Chair: **Dr Alison Stansfield**, Clinical Lead Leeds Autism Diagnostic Service

Wednesday 6 November 2019

The Met Hotel, King Street, Leeds, LS1 2HQ

PROGRAMME:

12.00pm Registration and Lunch

12.30pm **Welcome and introduction**

Dr Alison Stansfield, Clinical Lead Leeds Autism Diagnostic Service

12.35pm **Autism in Adulthood – 1st Session**

Dr Alison Stansfield – Autism – What do you need to know?

Dr Conor Davidson – Autism and co-morbidities

2.30pm ~ Afternoon refreshments ~

2.45pm **A Real Perspective – 2nd Session**

Dr James McGrath, Lecturer and Service User, Leeds Beckett University

4.00pm Discussion: Q&A

4.30pm Evaluation and close

ABOUT OUR SPEAKER(S):

Dr Alison Stansfield is a Learning Disability Psychiatrist and Clinical Lead for Leeds Autism Diagnostic Service (LADS). From 2010 to 2013 she was the Associate Medical Director for Learning Disabilities for Leeds & York Partnership NHS Foundation Trust. In 2011 she set up LADS, which has continued to grow and develop over subsequent years. LADS is well-known for innovative practice such as assessing patients of all-IQ range, allowing self-referral, and –in 2018/19- a major quality improvement project which enabled the service to meet the rapidly increasing demand for autism assessment whilst maintaining quality. She has published a number of research papers on the topic of autism. She also co-authored A Clinician's Brief Guide to the Mental Capacity Act published June 2013 (2nd edition 2015) and has contributed four chapters to the ABC of Autism book published by Wiley in 2019.

Dr Conor Davidson is a general adult consultant psychiatrist. He has three roles: CMHT psychiatrist in York, specialist autism psychiatrist for Leeds Autism Diagnostic Service, and Trust-wide Autism Clinical Lead for Tees, Esk & Wear Valley NHS Foundation Trust. Conor has published several papers on autism including on Asperger syndrome and First Episode Psychosis. In 2019, the TEWV autism project won a prestigious National Autistic Society award for Outstanding Health Service. Unfortunately for him, Conor is a lifelong Leeds United supporter.

Dr James McGrath was diagnosed autistic via Leeds Autism Diagnostic Services in 2015. His book *Naming Adult Autism: Culture, Science, Identity* is published by Rowman & Littlefield. As well as critiquing how adult autism is narrated in contemporary science and culture, it includes autobiographical interludes, designed to counteract unhelpful stereotypes. James is also a widely published poet, and has recently been giving readings from his new work, *an autistic figuration*, at various literary festivals. He is a lecturer in English and Creative Writing at Leeds Beckett University, and his work has featured on BBC Radio Three's poetry programme, *The Verb*.