

Essentials: Eating Disorders in Early Years

Tuesday 9 May 2023

Leeds Venue TBC

10.00am Registration , 10.30am Welcome and 3.00pm, Close

Problem eating behaviours ranging from emotional undereating, overeating and binge eating have their roots in early life where eating patterns are established. This talk will cover some of the science informing our understanding of infant feeding from nutritional wisdom to the ways that parental feeding practices might affect the infant's appetite expression and food intake. We will discover the ways that infants communicate liking/wanting, hunger, appetite and satiation as well as elements of responsive feeding. Guidelines on feeding in the first year of life (SACN, 2018) includes responsive feeding, and in this talk we will consider the research evidence linking the role of responsiveness to later eating disorders. <https://www.gov.uk/government/publications/feeding-in-the-first-year-of-life-sacn-report>

After attending this course delegates will be able to

- To define nutritional wisdom in early life
- To identify elements of infant facial expression and gesture related to appetite
- To recognise responsive feeding and its bidirectional nature using examples from video recorded mealtimes
- To apply their understanding of responsive feeding to practice including identifying early risk factors for eating problems and later eating disorders

About our speaker:

Professor Marion Hetherington is Professor Emerita in Biopsychology at the University of Leeds in the School of Psychology and holds an Affiliate Professorship at Penn State University in the School of Nutritional Sciences. She has been conducting research in the field of biopsychology since 1982 and in 2022 retired from the Thomas Ward Endowed Chair in Psychology. She is currently: serving as Editor-in-Chief of Appetite; advisor to the UK Subcommittee on Maternal and Child Nutrition (SMCN); research advisor to the Ministry of Education of the Slovak Government; research advisor to the charity Feeding Britain; and trustee of the charity Give A Child A Hope in partnership with Revival Centre, Matugga, Uganda. Recently the work of the SMCN (a subcommittee of Scientific Advisory Committee on Nutrition: SACN), produced a draft report on Feeding young children aged 1 to 5 years (see link below).

<https://www.gov.uk/government/consultations/feeding-young-children-aged-1-to-5-years-draft-sacn-report/summary-of-draft-report-feeding-young-children-aged-1-to-5-years>

Course Fees:

£115.00

All learning materials, lunch and refreshments are included.

Reservations:

Please complete the reservation form and email to andrewsimscentre.lypft@nhst.net

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 3 CPD hours subject to your peer group approval.

This conference is suitable for:

Health care professionals working with infants, children and young people



Andrew Sims Centre Reservation Form

Course Title: **Essentials: Eating Disorder in Early Years**

Date: **Tuesday 9 May 2023**



Leeds and York Partnership
NHS Foundation Trust

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title First Name

Surname Job Title

Speciality

Trust / Organisation

Preferred Mailing Address

..... Postcode

Work Telephone Mobile

Email

Dietary Other

Signature Date

NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please click [here](#).

COURSE FEES

[] One Place £115.00

BOOKING & PAYMENT OPTIONS

Please choose **ONE** of the following payment options (1 to 6)

- ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with a credit or debit card
- TELEPHONE:** 0113 855 5638 with a credit or debit card
- EMAIL:** andrewsimscentre.lypft@nhs.net
- BACS:** Account Number: 10003312 Sort Code: 60-70-80
Please use ref ASC090523-DELEGATENAME
- INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net
Trust
- LYPFT Internal Transfer:**
Budget Holder Name.....
Budget Holder Email

All Payment must be received in advance of event.

HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form email it to andrewsimscentre.lypft@nhs.net. Please check individual courses for venue details.

PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

ACCREDITATION

This course is eligible for 3 CPD hours subject to your peer group approval.

THE VENUE

Leeds Venue TBC

CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick []

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here []

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick []

