

Booking Form

Course Title: CBT for Depression

Date: Monday 16th September 2024

Venue: Hilton Leeds City, Neville Street, Leeds, LS1 4BX

Timings:

9:00am Registration

9:30am Welcome

4:30pm Close

Course Fee: £385.00

This course is suitable for healthcare professionals working within mental health and is worth 6 CPD points.

Course description:

Presented by **Dr Paul Blenkiron**, this course aims to allow delegates to understand the basic principles of CBT for depression. The course includes how to motivate patients towards practical change using Socratic questioning, a personalised formulation, thought records and activity diaries and troubleshoot common problems when applying CBT.

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title.....First Name.....

Surname.....Job Title.....

Speciality.....

Trust/Organisation.....

Work Telephone.....Mobile.....

Email.....

Dietary.....Other.....

Signature.....Date.....

BOOKING & PAYMENT OPTIONS

COURSE FEE: £385.00

ONLINE: Please visit www.andrewsimscentre.nhs.uk and pick the course you would like to attend to book and pay.

TELEPHONE: With debit or credit card 0113 855 5638

INVOICE: Please send a copy of Purchase Order with delegate details/Trust/PO Number to andrewsimscentre.lypft@nhs.net

LYPFT INTERNAL TRANSFER & STUDY LEAVE Please email andrewsimscentre.lypft@nhs.net with the following information:

Budget Holder Name & Email.....

Budget Code.....

Budget Holder Signature.....

Budget Transfer will occur in **SEPTEMBER 2024**

ALL PAYMENTS MUST BE RECEIVED IN ADVANCE OF EVENT

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee. We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. For further information on the conditions of booking, please [click here](#).

FURTHER INFORMATION

The Andrew Sims Centre is part of Leeds and York Partnership NHS Foundation Trust. Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law. If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.