

Voices of Self-Harm and Suicide

A Contemporary Theoretical & Clinical Picture

Date

Friday 26th April 2024

Venue

The Met Hotel, King Street,
Leeds, LS1 2HQ

Timings

9.00am Registration

9.30pm Welcome

4.30pm Close

Course Fee

£385.00

Accreditation

This course is eligible for **6 CPD** hours subject to your peer group approval.

Suitability

Mental Health Practitioners, clinicians, psychologists, therapists, sellers and social workers

The Venue

The Met Hotel is approx. 2 minutes' walk from Leeds City train station. If you are travelling by car, please note that The Met has no parking for delegates.

T: 0113 85 55638

E: andrewsimscentre.lypft@nhs.net

W: andrewsimscentre.nhs.uk

About this course

The workshop address the links and connections between self-harm and suicide, but also treats these as independent constructs. The workshop is designed to be interactive, thought provoking and practical with the presenter having written pamphlets and designed a self-harm tool-kit for discussion and distribution. The morning session will consider suicide attempts and suicide with the afternoon session focusing upon self-injury with a special emphasis upon self-cutting. It is hoped that delegates will bring there own expertise and own clinical stories to the event.

Course Objectives

After attending this course you will be able to:

- Have a deeper understanding and increased knowledge of self-harm and suicide
- Know and reflect upon the warning signs of suicide
- Reflect upon theory, practice and research and how these interact and implement contribute to clinical practice.

About our speaker

Dr Terence Nice is Emeritus Programme Director (Psychotherapy) at the University of Kent and a Visiting Lecture at Regent's University London. He trained as a psychoanalytic psychotherapist at the University of Kent before going onto the MA in infant observation at the Tavistock Clinic, London. He has always been fascinated by early development experiences and how these impact upon adolescent and adult psychopathology. Since completing his doctoral thesis 'Troubled Minds and Scarred Bodies' in 2012, his research focus has been upon capturing and understanding the complex intentional and motivational systems that characterise self-harming and suicidal behaviours in young people. He contributed to the development of the Mind and Body Programme, winner of the UK Public Mental Health and Well-being award (2017). He is a practicing psychotherapist and an active researcher. He has published papers on self-harm and attempted suicide in young people and is a reviewer for the British Journal of Psychotherapy. Dr Nice has developed his own treatment programme, Equilibrium, for young people who self-harm and attempt suicide which he has clinically conducted in the NHS.

Andrew Sims Centre Reservation Form

BOOKING CONFIRMATION

All bookings will be confirmed in writing via email. Further details including programme times and venue information, will be sent approximately 2 weeks prior to the event date via email. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee. We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time. For further information on the conditions of booking, please [click here](#).

FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, by receiving our fortnightly e-newsletter, please tick []

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Course Title: Voices of Self-Harm & Suicide

Course Date: Friday 26th April 2024

Your Details

Title

Full Name

Job Title

Speciality

Trust/Organisation

Work Telephone

Mobile

Email

Dietary Requirements

Other Signature

Date

Payment Options

COURSE FEE: £385.00

ONLINE: Please visit www.andrewsimscentre.nhs.uk and pick the course you would like to attend to book and pay.

TELEPHONE: With debit or credit card 0113 855 5638

INVOICE: Please send a copy of Purchase Order with delegate details/Trust/PO Number to andrewsimscentre.lypft@nhs.net

LYPFT INTERNAL TRANSFER & STUDY LEAVE Please email andrewsimscentre.lypft@nhs.net with the following information:

Budget Holder Name & Email

Budget Code

Budget Holder Signature

Budget Transfer will occur in **APRIL** 2024

ALL PAYMENTS MUST BE RECEIVED IN ADVANCE OF EVENT