



AndrewSimsCentre  
for professional development



Leeds and York Partnership  
NHS Foundation Trust



Essentials **E**

# Perinatal Mental Health & Well-Being in Ethnically Diverse Communities

Monday 15 November 2021

Virtual Event via Zoom

12.15pm Registration ,1.00pm Welcome and 4.30pm, Close

The purpose of the talk is to raise the awareness of perinatal mental health and the support available, share innovative ways in tackling health inequalities by engaging, improving access and providing a culturally responsive service and to give an understanding of the importance in providing support for partners during this crucial time. Sharing lived experience and the impact having a perinatal illness can have not only on the individual but the whole family and looking at it through a cultural lens.

After attending this course delegates will be able to:

- Improve their knowledge and understanding of Perinatal Mental Health Illnesses
- Learn ways in how to support, engage & improve access for Diverse Communities
- Understand the importance of providing a Culturally Responsive Service to help reduce Health Inequalities
- Gain a better understanding of why supporting partners is crucial within the Perinatal Period & how this can be done.
- Learn about what support is available and how this can be accessed.

## About our speaker:

Led by Dr Madhu Kewalramani (Consultant Psychiatrist) and supported by Balvinder Dosanjh (Clinical Engagement, Access & Inclusion Co-ordinator), Sadif Najmi (Volunteer Peer Support Worker) & Errol Murray (Partners Peer Support Worker).

## Course Fees:

**£105.00**

All learning materials are included.

## Reservations:

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

## Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 3 CPD hours subject to your peer group approval.

## This conference is suitable for:

Health Visitors, GP's, Midwives, Mental Health Practitioners, Obstetricians, Psychiatrists, Voluntary Sector, Social Care, Anyone working with Children and Families.

www.andrewsimscentre.nhs.uk  
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# Andrew Sims Centre Reservation Form

Course Title: **Perinatal Mental Health & Well-Being in Ethnically Diverse Communities**

Date: **Monday 15 November 2021**



**Leeds and York Partnership**  
NHS Foundation Trust

## YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title ..... First Name .....

Surname ..... Job Title .....

Speciality .....

Trust / Organisation .....

Preferred Mailing Address .....

..... Postcode .....

Work Telephone ..... Mobile .....

Email .....

Dietary ..... Other .....

Signature ..... Date .....

## NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please click [here](#).

## COURSE FEES

[ ] One Place £105.00

## BOOKING & PAYMENT OPTIONS

Please choose **ONE** of the following payment options (1 to 6)

- ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with a credit or debit card
- TELEPHONE:** 0113 855 5638 with a credit or debit card
- POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- BACS:** Account Number: 10003312 Sort Code: 60-70-80  
Please use ref ASC151121-DELEGATENAME
- INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net  
Trust .....
- LYPFT Internal Transfer:**  
Budget Holder Name.....  
Budget Holder Email .....

**All Payment must be received in advance of event.**

## HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE.

## PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

## ACCREDITATION

This course is eligible for 3 CPD hours subject to your peer group approval.

## VIRTUAL EVENT

This event will be conducted virtually via Zoom, please ensure that you have the software downloaded and a free account created prior to the day of this course. You can sign up to Zoom [here](#). More information regarding Zoom and how to join the course will be emailed 2 weeks prior to the event.

## CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick [ ]

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]

