

Attachment Theory in Clinical Practice

Dr Padakkara Saju, Consultant Medical Psychotherapist

Tuesday 11th May 2021

Virtual Event via Zoom

5.45pm Registration/Login, 6.00pm Welcome and 8.00pm, Close

Led by **Dr P Saju**, Attachment Theory will be better understood through a case study. A case study of a person with trauma, depression, anxiety and dissociation will be used for this. Interventions that matches clinician's own attachment style, knowledge, aptitude and skills can help to maximise therapeutic engagement and outcome

After attending this course delegates will be able to:

- Understand their own attachment patterns and maximise your therapeutic impact
- Assess adult attachment patterns using clinician friendly tools
- Adapt therapeutic interventions informed by underlying attachment needs

Programme:

5.45pm	Registration/Login
6.00pm	Welcome and introduction Dr Saju, Consultant Medical Psychotherapist
6.05pm	Presentation
8.00pm	Evaluate and Close

About our speaker:

Dr Saju has practiced psychiatry for 30 years in various adult sub specialities. He trained in Medical Psychotherapy, specialising in CBT. He is an accredited Cognitive Behavioural Therapist and completed MSc in Systemic Family Therapy. He has taught Attachment & CBT in the University of Hull for diploma students in CBT. He has authored two chapters (CBT ,Systemic Family Therapy) in the forthcoming Seminars in Medical Psychotherapies (2021).

Course Fees:

£45.00

All learning materials are included.

Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 2 CPD hours subject to your peer group approval.

This conference is suitable for:

Psychiatrists, Psychiatric Nurses, Social Workers, Therapists other Mental Health professionals.

Andrew Sims Centre Reservation Form

Course Title: Attachment Theory in Clinical Practice

Date: Tuesday 11th May 2021



Leeds and York Partnership
NHS Foundation Trust

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title First Name
Surname Job Title
Speciality
Trust / Organisation
Preferred Mailing Address
..... Postcode
Work Telephone Mobile
Email
Dietary Other
Signature Date

NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please click [here](#).

COURSE FEES

[] One Place £45.00

BOOKING & PAYMENT OPTIONS

Please choose **ONE** of the following payment options (1 to 6)

- 1. ONLINE:** andrewsimscentre.nhs.uk with a card and RECEIVE £10 DISCOUNT
- 2. TELEPHONE:** 0113 855 5638 with a credit or debit card
- 3. POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- 4. BACS:** Account Number: 10003312 Sort Code: 60-70-80
Please use ref ASC110521-DELEGATENAME
- 5. INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net
Trust
Purchase Order Number
- 6. LYPFT Internal Transfer:**
Budget Holder Name
Budget Holder Email
Budget Code:
Budget Holders signature
Budget Transfer will occur in May 2021

All Payment must be received in advance of event.

HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to andrewsimscentre.lypft@nhs.net.

Please note this is our correspondence address only. Please check individual courses for venue details.

PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

ACCREDITATION

This course is eligible for 2 CPD hours subject to your peer group approval.

THE VENUE

This event will be conducted virtually via Zoom, please ensure that you have the software downloaded and a free account created prior to the day of this course. You can sign up to Zoom [here](#). More information regarding Zoom and how to join the course will be emailed 2 weeks prior to the event.

CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick []

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here []

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick []