



AndrewSimsCentre
for professional development



Leeds and York Partnership
NHS Foundation Trust



Workshop

Voices of Self-Harm and Suicide

A Contemporary Theoretical and Clinical Picture

Monday 10 May 2021

Virtual Event via Zoom

9.15am Registration/Login, 9.30am Welcome and 4.30pm, Close

The workshop addresses the links and connections between self-harm and suicide, but also treats these as independent constructs. The workshop is designed to be interactive, thought provoking and practical with the presenter having written pamphlets and designed a self-harm tool-kit for discussion and distribution. The morning session will consider suicide attempts and suicide with the afternoon session focussing upon self-injury with a special emphasis upon self-cutting. It is hoped that delegates will bring their own expertise and own clinical stories to the event

After attending this course delegates will be able to:

- Have a deeper understanding and increased knowledge of self harm and suicide
- Know and reflect upon the warning signs of suicide
- Reflect upon theory, practice and research and how these interact and implement new changes

About our speaker:

Dr. Terence Nice is Programme Director (Psychotherapy) at the University of Kent and a Visiting Lecturer at Regent's University London. He trained as a psychoanalytic psychotherapist at the University of Kent before going onto the MA in infant observation at the Tavistock Clinic, London. He has always been fascinated by early developmental experiences and how these impact upon adolescent and adult psychopathology. Since completing his doctoral thesis 'Troubled Minds and Scarred Bodies' in 2012, his research focus has been upon capturing and understanding the complex intentional and motivational systems that characterise self-harming and suicidal behaviours in young people. He contributed to the development of the Mind and Body Programme, winner of the UK Public Mental Health and Well-being award (2017). He is a member of the UKCP Research Faculty Committee, a practicing psychotherapist and an active researcher in the NHS. He has published papers on self-harm and attempted suicide in young people and is a reviewer for the British Journal of Psychotherapy. Dr Nice has developed his own treatment programme, Equilibrium, for young people who self-harm and attempt suicide which he has clinically conducted in the NHS

Course Feedback:

"Excellent, thought provoking"

"Speaker was very engaging, knowledgeable and delivery was excellent"

"Inspiring and relevant research to read"

"The workshop was interesting and also learned from the experience of other delegates"

Course Fees:

£185.00

All learning materials, lunch and refreshments are included.

Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 6 CPD hours subject to your peer group approval.

This conference is suitable for:

Mental Health Practitioners, clinicians, psychologists, therapists, counsellors and social workers

www.andrewsimscentre.nhs.uk
andrewsimscentre.lypft@nhs.net
0113 85 55638





Andrew Sims Centre Reservation Form

Course Title: **Voices of Self-Harm and Suicide**

Date: **Monday 10 May 2021**

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title First Name

Surname Job Title

Speciality

Trust / Organisation

Preferred Mailing Address

..... Postcode

Work Telephone Mobile

Email

Dietary Other

Signature Date

NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please click [here](#).

COURSE FEES

One Place £185.00

BOOKING & PAYMENT OPTIONS

Please choose ONE of the following payment options (1 to 6)

- ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with credit or debit card
- TELEPHONE:** 0113 855 5638 with credit or debit card
- POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- BACS:** Account Number: 10003312 Sort Code: 60-70-80
Please use ref ASC100521-DELEGATENAME
- INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net
Trust
- LYPFT Internal Transfer:**
Budget Holder Name.....
Budget Holder Email

All Payment must be received in advance of event.

HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to andrewsimscentre.lypft@nhs.net.

Please note this is our correspondence address only. Please check individual courses for venue details.

PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

ACCREDITATION

This course is eligible for **6** CPD hours subject to your peer group approval.

VIRTUAL EVENT

This event will be conducted virtually via Zoom, please ensure that you have the software downloaded and a free account created prior to the day of this course. You can sign up to Zoom [here](#). More information regarding Zoom and how to join the course will be emailed 2 weeks prior to the event.

CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick