

# Therapeutic Conversations for Psychiatrists

**Tuesday 13 July 2021**

Virtual Event via Zoom

12.00pm Registration/Login, 12.30pm Welcome and 4.00pm, Close

Led by **Dr Saju**, the aim of the workshop is to learn to deepen the relationship and use conversational skills from a variety of brief therapy models such as supportive therapy, person centred therapy, DBT, Motivational interviewing, Narrative therapy and solution focused therapy. The workshop will be useful for trainees and experience clinicians. The diversity of approaches will offer a rich choice for participants, to select interventions according to their interest and needs, in their clinical work

After attending this course you will be:

- Able to use empathic validation to deepen engagement with client
- Use a life story/narrative perspective to deconstruct problems that traps patients
- Have the knowledge of therapeutic potential in being a witness when change is not possible

## About our speaker:

**Dr Saju**, is a Consultant Psychiatrist with post graduate qualifications in CBT and Family Therapy. He has worked as a General Adult Psychiatrist and also as a specialist in various sub specialities (Liaison Addictions, Gender Dysphoria). He has worked in therapeutic communities and various secondary care psychotherapy services in Yorkshire. He has particular interest in brief therapies, and uses ideas and skills from different therapy models in his practice. Dr Saju believes all clinicians have the potential to develop their therapeutic capabilities further. He is also a psychotherapy trainer and supervisor. Dr Saju has written chapters on CBT and Systemic Family Therapy in the book "Seminars in the Psychotherapies" series published by the Royal College of Psychiatrists.

## Comments from previous participants:

*"Great lively delivery, one of the best trainings I have attended, great handouts"*

*"Great overview of psychotherapeutic techniques to consider in daily practise"*

*"Passionate speaker, enthusiastic"*

*"Themes were brought together in an interesting way"*

## Course Fees:

**£105.00**

All learning materials, lunch and refreshments are included.

## Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

## Study Methods and Accreditation:

This course is eligible for **3 CPD** hours subject to your peer group approval.

## This conference is suitable for:

This course is suitable for psychiatrists, psychologists, psychotherapists, nurses and other helping professionals.



# Andrew Sims Centre Reservation Form

Course Title: **Therapeutic Conversations for Psychiatrists**

Date: **Tuesday 13 July 2021**



**Leeds and York Partnership**  
NHS Foundation Trust

## YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title ..... First Name .....  
Surname ..... Job Title .....  
Speciality .....  
Trust / Organisation .....  
Preferred Mailing Address .....  
Postcode .....  
Work Telephone ..... Mobile .....  
Email .....  
Dietary ..... Other .....  
Signature ..... Date .....

## NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick [ ]

## COURSE FEES

[ ] One Place £105.00

## BOOKING & PAYMENT OPTIONS

**Please choose ONE of the following payment options (1 to 6)**

- 1. ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with a credit or debit card
- 2. TELEPHONE:** 0113 855 5638 with a credit or debit card
- 3. POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- 4. BACS:** Account Number: 10003312 Sort Code: 60-70-80  
Please use ref ASC130721-DELEGATENAME
- 5. INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net  
Trust .....  
Purchase Order Number .....
- 6. LYPFT Internal Transfer:**  
Budget Holder Name.....  
Budget Holder Email .....  
Budget Code: .....  
Budget Holders signature .....  
Budget Transfer will occur in **July 2021**

**All Payment must be received in advance of event.**

## HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

## PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

## ACCREDITATION

This course is eligible for 3 CPD hours subject to your peer group approval.

## VIRTUAL EVENT

This event will be conducted virtually via Zoom, please ensure that you have the software downloaded and a free account created prior to the day of this course. You can sign up to Zoom [here](#). More information regarding Zoom and how to join the course will be emailed 2 weeks prior to the event.

## CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick [ ]

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]