

Obesity & Mental Health

Understanding links and treatment options from a Liaison Psychiatry Perspective

Tuesday 12 January 2021

Virtual Event via Zoom

5.45pm Registration/Login, 6.00pm Welcome and 8.00pm, Close

Led by Dr Anuradha Menon, Consultant in Liaison Psychiatry and Medical Psychotherapy for Leeds and York Partnership NHS Foundation Trust, this talk will focus on two approaches to this topic of obesity in psychiatry: firstly, we will look at a significant group of obese individuals who are in treatment and follow up in community and inpatient psychiatric services for ongoing mental health problems. Some may be under the threshold for referral or currently not meeting criteria for bariatric surgery. Understanding the psychological difficulties and disordered eating in this group is a challenge and is crucial in engaging patients towards better mental health outcomes. Secondly, we will consider referral criteria of a tiered obesity service and evidence for providing psychological support within the Tiers 3 & 4.

This course aims to provide delegates with:

- Understanding the important mental health issues presenting in this group of patients and consider a formulation to guide management and referral
- Learn about recent national guidelines/recommendations regarding assessments and management of psychological needs of obese patients, with a focus on binge eating disorder.
- Understand the place for psychological support within treatment programmes offered through a Tiered Obesity service in Leeds, with a focus on existing service structures.

Programme:

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| 5.45pm | Registration/Login |
| 6.00pm | Welcome and introduction Dr Anuradha Menon, Consultant in Liaison Psychiatry, Leeds & York Partnership NHS Foundation Trust |
| 6.05pm | Obesity & Mental Health |
| 8.00pm | Evaluate and Close |

About our speaker:

Dr Anuradha Menon has been involved in setting up and leading a new specialist service in LYPFT providing psychological support and therapeutic interventions for Tier 3 and Tier 4 weight management services commissioned in Leeds. The Tier 3 service is run as a partnership between Leeds Community Healthcare NHS Trust (LCH), Leeds Teaching Hospitals NHS Trust (LTH) and Leeds and York Partnership NHS Foundation Trust (LYPFT). Dr Menon trained in General adult psychiatry and Medical psychotherapy with an endorsement in Liaison psychiatry. She also trained as a Psychoanalyst and is a member of the British Psychoanalytic society (BPAS).

Dr Menon has an interest in the psychological mechanisms underlying disordered eating in obese individuals and therapeutic interventions in this group, with an emphasis on supporting clinicians who work with overweight patients presenting with psychological difficulties.

Course Fees:

£45.00

All learning materials are included.

Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 2 CPD hours subject to your peer group approval.

This conference is suitable for:

All clinicians and students working in mental health settings

Andrew Sims Centre Reservation Form

Course Title: **OBESITY & MENTAL HEALTH**

Date: **TUESDAY 12 JANUARY 2021**



Leeds and York Partnership
NHS Foundation Trust

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title First Name

Surname Job Title

Speciality

Trust / Organisation

Preferred Mailing Address

..... Postcode

Work Telephone Mobile

Email

Dietary Other

Signature Date

NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick []

COURSE FEES

[] One Place £45.00

BOOKING & PAYMENT OPTIONS

Please choose **ONE** of the following payment options (1 to 6)

- 1. ONLINE:** andrewsimscentre.nhs.uk with a card and RECEIVE £10 DISCOUNT
- 2. TELEPHONE:** 0113 855 5638 with a credit or debit card
- 3. POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- 4. BACS:** Account Number: 10003312 Sort Code: 60-70-80
Please use ref ASC120121-DELEGATENAME
- 5. INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net
Trust

Purchase Order Number

- 6. LYPFT Internal Transfer:**
Budget Holder Name.....
Budget Holder Email

Budget Code:

Budget Holders signature

Budget Transfer will occur in **January 2021**

All Payment must be received in advance of event.

HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

ACCREDITATION

This course is eligible for **2** CPD hours subject to your peer group approval.

THE VENUE

This event will be conducted virtually via Zoom, please ensure that you have the software downloaded and a free account created prior to the day of this course. You can sign up to Zoom [here](#). More information regarding Zoom and how to join the course will be emailed 2 weeks prior to the event.

CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick []

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here []

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick []