

Addressing Cardiovascular Risk in People with Severe Mental Illness

Thursday 4th November 2021

Virtual Event via Zoom

9.00am Registration/Login, 9.30am Welcome and 12.30pm Close

Led by **Professor Richard Holt**, Professor in Diabetes and Endocrinology, University of Southampton, the purpose of the course is to consider important cardiovascular risk factors and how these can be managed effectively in mental health settings. Obesity, diabetes, dyslipidaemia will all be addressed

After attending this course delegates will be able to :

- Discuss why cardiovascular disease is more common in people with severe mental illness
- Develop strategies in their own clinical settings to identify and manage cardiovascular risk in people with severe mental illness
- Understand the additional challenges of managing diabetes in people with severe mental illness

Programme:

9.00am	Registration/Login
9.15am	Welcome and Introduction
9.20am	Introduction to Physical Health in Severe Mental Illness
10.00am	Obesity and Severe Mental Illness
10.30am	~ Break ~
10.45am	Diabetes and Severe Mental Illness
11.00am	Addressing Cardiovascular Risk in Severe Mental Illness
12.15pm	Questions and Close

About our speaker:

Richard Holt trained at the University of Cambridge and the London Hospital Medical College. He is a Professor in Diabetes and Endocrinology at the University Southampton NHS Foundation Trust. Professor Holt's current research interests are broadly focussed around clinical diabetes but specifically encompasses studies of the relationship between mental illness and diabetes and, diabetes and pregnancy. His clinical responsibilities include the diabetes and pregnancy clinic, young adults diabetes clinic and the cystic fibrosis related diabetes service. Professor Holt was the Editor-in-Chief of Diabetic Medicine (2016-2020) and is a past-Chair of the Council of Health Care Professionals of Diabetes UK. Professor Holt was a member of the 2008 NICE diabetes and pregnancy guideline development group and the NICE Type 2 diabetes: preventing the progression from pre-diabetes programme development group. Professor Holt is the Editor-in-Chief of the 5th Edition of the Textbook of Diabetes.

Course Fees:

£105.00

All learning materials are included.

Reservations:

Please complete the reservation form overleaf and email to andrewsimscentre.lypft@nhs.net

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 3 CPD hours subject to your peer group approval.

This conference is suitable for:

Psychiatrists, psychiatric nurses, other healthcare professionals working in mental health settings, commissioners.



Andrew Sims Centre Reservation Form

Course Title: **Addressing Cardiovascular Risk in People with SMI**

Date: **Thursday 4 November 2021**



Leeds and York Partnership
NHS Foundation Trust

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title First Name

Surname Job Title

Speciality

Trust / Organisation

Preferred Mailing Address

..... Postcode

Work Telephone Mobile

Email

Dietary Other

Signature Date

NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please click [here](#).

COURSE FEES

[] One Place £105.00

BOOKING & PAYMENT OPTIONS

Please choose **ONE** of the following payment options (1 to 6)

- ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT
- TELEPHONE:** 0113 855 5638
- EMAIL:** andrewsimscentre.lypft@nhs.net
- BACS:** Account Number: 10003312 Sort Code: 60-70-80
Please use ref ASC041121-DELEGATENAME
- INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net
Trust

6. LYPFT Internal Transfer:

Budget Holder Name.....

Budget Holder Email

Budget Code:

Budget Holders signature

Budget Transfer will occur in **November 2021**

All Payment must be received in advance of event.

HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form email it to andrewsimscentre.lypft@nhs.net. Please check individual courses for venue details.

PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

ACCREDITATION

This course is eligible for 3 CPD hours subject to your peer group approval.

VIRTUAL EVENT

This event will be conducted virtually via Zoom, please ensure that you have the software downloaded and a free account created prior to the day of this course. You can sign up to Zoom [here](#). More information regarding Zoom and how to join the course will be emailed 2 weeks prior to the event.

CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please click [here](#)

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here []

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick []

