

Leeds and York Partnership



# Females & Understanding Masking in Autism

**Tuesday 18th April 2023** 

Virtual Event via Zoom 9.00am Registration, 9.30am Welcome and 12.30pm Close

Typically it is more difficult to diagnose females who are autistic. This starts at the diagnostic criteria and also they way in which autistic females typically mask. Understanding and accepting this point will aid professionals to look more broadly at the subject and autistics themselves to understand more about themselves, and their place in the world. Learn about the differences between male and female presentations, how they can be misread and the tools that are used to blend in with their surroundings. Support to encourage less masking is also included.

After attending this course delegates will be able to:

- Know what the autistic female presentation is
- Understand how it differs to the male presentation
- Know how and why autistics mask
- Support peers/friends to mask less

## About our Speaker:

**Sam Ramsay**, Manager, Curly Hair Project. I have worked with autistic children, young people and adults for the past 9 years, including personal experience of having an autistic daughter. My work has taken me to speak at NAS conference and on BBC Radio 4, explaining the understanding of autism and how it presents. I now also work within a CAMHS setting, providing support to autistics in crisis. My interests include not only autism but those who have eating difficulties (disorders and disordered eating) and ADHD too.

## **Course Fees:**

**£115.00** All learning materials included.

## **Reservations:**

Please complete the reservation form overleaf email to: and rewsimscentre.lypft@nhs.net

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

## **Study Methods and Accreditation:**

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 3 CPD hours subject to your peer group approval.

### This conference is suitable for:

Autistic females or those who work with or care for an autistic female



Course Title: Females & Understanding Masking in Autism Date: Tuesday 18th April 2023

# YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title	First Name	
Surname	Job Title	
Speciality		
Trust / Organisation		
Preferred Mailing Addr	ss	
	Postcode	
Work Telephone	Mobile	
Email		
Dietary	Other	
Signature	Date	

## **NEWSLETTER AND MARKETING**

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please click here.

## **COURSE FEES**

[] One Place £115.00

## **BOOKING & PAYMENT OPTIONS**

#### Please choose ONE of the following payment options (1 to 6)

1. ONLINE: and rewsimscentre.nhs.uk with a card and RECEIVE £10 DISCOUNT

- 2. TELEPHONE: 0113 855 5638 with a credit or debit card
- 3. EMAIL: andrewsimscentre,lypft@nhs.net
- 4. BACS: Account Number: 10003312 Sort Code: 60-70-80 Please use ref ASC180423-DELEGATENAME
- INVOICE: Please send a copy of Purchase Order with delegate details to and rewsimscentre.lypft@nhs.net

Trust ..... Purchase Order Number .....

6. LYPFT Internal Transfer:

Budget Holder Name
Budget Holder Email
Budget Code:
Budget Holders signature
Budget Transfer will occur in APRIL 2023

All Payment must be received in advance of event.



#### **HOW TO BOOK**

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and email it to **andrewsimscentre.lypf@nhs.net**. Please check individual courses for venue details.

#### **PAYMENT METHODS**

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date**. If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

#### **ACCREDITATION**

This course is eligible for 3 CPD hours subject to your peer group approval.

#### VIRTUAL EVENT

This event will be conducted virtually via Zoom, please ensure that you have the software downloaded and a free account created prior to the day of this course. You can sign up to Zoom <u>here</u>. More information regarding Zoom and how to join the course will be emailed 2 weeks prior to the event.

#### **CONFIRMATION OF RESERVATIONS**

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

#### **RESERVATION & CANCELLATION POLICY**

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

#### **FURTHER INFORMATION**

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick  $\left[ \ \right]$ 

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here []

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]