

Using EMDR in Therapeutic Practice with Children

Friday 15 May 2020

Holiday Inn Express, Armouries Drive, Leeds, LS10 1LE
9am Registration, 9.30am Welcome and 4.30pm, Close

This talk will look at case studies of children and teenagers who have experienced developmental trauma and look at how EMDR could be an effective intervention method for them. It is not EMDR with children training or EMDR training, but an overview of how EMDR can be embedded into clinical practice. We will cover a brief overview of EMDR (previous knowledge will be presumed), overview of trauma, post trauma symptoms as exhibited in children, and how this differs from adults and creative strategies to integrate EMDR into therapy using case studies.

After attending this course delegate will be able to:

- Identify the symptoms of trauma in children and adolescents
- Identify which client would benefit from EMDR
- Work creatively with their own therapy model to integrate EMDR into their practice

About our speaker:

I am a Consultant Clinical Psychologist working in independent practice for Chrysalis Associates. I qualified with a Doctorate in Clinical Psychology in 1994 and commenced work within a Child and Adolescent Mental Health Team in Doncaster, South Yorkshire. After six years, I moved posts to take up the team leader role in developing a Child Mental Health Team working in the community. I have worked for Chrysalis Associates since November 2008 and am the Clinical Lead within the service, and the registered manager.

I am an accredited Dyadic Developmental Psychotherapy therapist, and am a certified DDP practitioner; I am trained to level 3 of Eye Movement Desensitisation and Reprocessing (EMDR) and completed additional training in the use of EMDR with children and young people to level 2. I am also at level 2 of the Theraplay practicum and trained to an advanced level. I have worked with looked after children and those with attachment disorder and Post Traumatic symptom for 23 years and specialised in this area for the last ten years. I also work with adults who have experienced childhood trauma and/or been looked after by the care system as children using adult psychotherapy, EMDR for complex trauma and Cognitive Behavioural Therapy.

Other Upcoming ASC Courses:

Essentials: Bipolar Disorder Delayed Diagnosis

13 January 2020

£105

Student Mental Health

29 January 2020

£185

MaRSiPAN

30 April 2020

£185

Course Fees:

£185.00

All learning materials, lunch and refreshments are included.

Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 6 CPD hours subject to your peer group approval.

This conference is suitable for:

Practitioners working therapeutically with children and adolescents
Practitioners working with trauma
Practitioners who have training in EMDR



Andrew Sims Centre Reservation Form

Course Title: **Using EMDR in Therapeutic Practice with Children**

Date: **Friday 15 May 2020**

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title First Name

Surname Job Title

Speciality

Trust / Organisation

Preferred Mailing Address

..... Postcode

Work Telephone Mobile

Email

Dietary Other

Signature Date

NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick []

COURSE FEES

[] One Place £185.00

Promotional Code Making Course Fee £

BOOKING & PAYMENT OPTIONS

Please choose ONE of the following payment options (1 to 6)

- 1. ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with credit or debit card
- 2. TELEPHONE:** 0113 855 5638 with credit or debit card
- 3. POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- 4. BACS:** Account Number: 10003312 Sort Code: 60-70-80
Please use ref ASC150520-DELEGATENAME
- 5. INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net
Trust
- 6. LYPFT Internal Transfer:**
Budget Holder Name.....
Budget Holder Email

All Payment must be received in advance of event.

HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

ACCREDITATION

This course is eligible for 6 CPD hours subject to your peer group approval.

THE VENUE

The Holiday Inn Express Leeds City Centre Armouries hotel is five minutes' walk from the city centre, and 10 minutes from Leeds Central train station. The M621 motorway, with connections to Liverpool and Manchester, is less than a mile away. Car parking in multi-storey CitiPark Leeds Dock, please use postcode LS10 1LE for Sat Nav

CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick []

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here []

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick []