



AndrewSimsCentre
for professional development



Leeds and York Partnership
NHS Foundation Trust



Workshop

Chimp Management in Medicine

An exploration of the Chimp Model for personal and professional success

Tuesday 4 February 2020

The Met Hotel, King Street, Leeds, LS1 2HQ

9am Registration, 9.30am Welcome and 4.30pm, Close

The Chimp Model is the critically acclaimed model for mind management developed by Psychiatrist Professor Steve Peters. The model is based on neuroscientific principles and takes what we know from the latest thinking in neuroscience into an accessible and workable model that has been used to help individuals, professionals and organisations in all fields.

Dr Trevor Gedeon will deliver a day of workshops that will explore the Chimp Model. Delegates will gain an understanding of themselves and others. The workshops will then explore how we can use this understanding to develop ways to manage our minds and finally use this to gain personal and professional success.

After attending this course delegates will be able to:

- Have insight and understanding of the psychological mind through the Chimp Model
- Have strategies to manage the difficulties that we face due to an out of control Chimp
- Develop helpful automatic programmes to help provide stability in the face of challenges

About our speaker:

Dr Trevor Gedeon, Consultant Forensic Psychiatrist, Chimp Management Ltd., works in the National High Secure Healthcare Service for Women at Rampton Hospital. He graduated in medicine from the University of Sheffield in 2009. He has been a member of the Royal College of Psychiatrists since 2013 and has presented his academic work at a number of national and international conferences. His work in psychiatry has involved working with persons of all ages and backgrounds, in a variety of settings. He has experiences in managing substance use, depressive disorders, anxiety disorders, psychosis, and personality disorders. Dr Gedeon has worked in the community, in psychiatric hospitals, in secure hospitals and in prisons. Dr Gedeon's calm and competent demeanour enables him to work with some of society's most complex individuals, helping to improve their mental health and abilities to function in the wider society. He works with a variety of patients who often have complex backgrounds and a mixture of complex problems.

He uses a combination of the skills he has learned in his career as a Forensic Psychiatrist in listening to his clients and treating each as an individual with his depth knowledge and experience of the Chimp Model to deliver the highest quality of care.

Course Fees:

£195.00

All learning materials, lunch and refreshments are included.

Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 6 CPD hours subject to your peer group approval.

This conference is suitable for:

Healthcare professionals

www.andrewsimscentre.nhs.uk
andrewsimscentre.lypft@nhs.net
0113 85 55638





Andrew Sims Centre Reservation Form

Course Title: **CHIMP MANAGEMENT IN MEDICINE**

Date: **TUESDAY 4 FEBRUARY 2020**

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title First Name

Surname Job Title

Speciality

Trust / Organisation

Preferred Mailing Address

..... Postcode

Work Telephone Mobile

Email

Dietary Other

Signature Date

NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick []

COURSE FEES

[] One Place £185.00

Promotional Code Making Course Fee £.....

BOOKING & PAYMENT OPTIONS

Please choose ONE of the following payment options (1 to 6)

- ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with credit or debit card
- TELEPHONE:** 0113 855 5638 with credit or debit card
- POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- BACS:** Account Number: 10003312 Sort Code: 60-70-80
Please use ref ASC190919-DELEGATENAME
- INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net
Trust

Purchase Order Number

- LYPFT Internal Transfer:**
Budget Holder Name

Budget Holder Email

Budget Code:

Budget Holders signature

Budget Transfer will occur in **February 2020**

All Payment must be received in advance of event.

HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

ACCREDITATION

This course is eligible for **6** CPD hours subject to your peer group approval.

THE VENUE

The Met Hotel is approx. 2 minutes' walk from Leeds city train station. If you are travelling by car, please note that The Met has no parking for delegates and it is recommended that you park in the long-stay train station car park off Aire Street or one of the other city-centre car parks.

OVERNIGHT ACCOMMODATION

Please contact the venue directly to arrange accommodation.

CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick []

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here []

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick []