

Chronic Fatigue Syndrome/ME—The Past, The Present, The Future.

Learn from what has gone before, what we do now and where we want to go

Wednesday 25 March 2020

The Met Hotel, King Street, Leeds.. LS1 2HQ

12.00pm Registration and Lunch , 12.30pm Welcome and 4.30pm, Close

CFS/ME is a condition which harbours more opinions than facts. Misunderstandings about the condition continue to prevent patients from being able to access appropriate care. The NICE guidelines of 2007 are in the process of being revised. Research is leading to advancements in our understanding of the mechanisms which underlay the symptoms of CFS/ME and may also give clues to the causes of fatigue in other conditions. This talk aims to give an opportunity to reflect on the history of this condition and how it has been approached previously. We will update you on what services do currently both in terms of the diagnostic process and also approaches to therapy. We will then collectively look forward to consider what the future provision of care for people with CFS/ME should look like.

After attending this course delegate will be able to:

- Understand the progress that has been made in our understanding of the condition
- Feel more confident to recognise CFS/ME and distinguish it from other conditions which cause significant fatigue
- Use some basic strategies to help patients manage fatigue symptoms

About our speakers:

Dr Vikki McKeever, has been an NHS GP for 20 years. For the last 7 years she has also worked as a GP with a specialist interest in CFS/ME in both Leeds and York. Her CFS/ME work is primarily involved in the diagnostic end of the CFS/ME services seeing patients with complex medical histories and symptom presentation. She is an executive member of BACME (British Association for CFS/ME professionals) involved in the development of training in the field of CFS/ME and has presented a number of training events locally.

Deborah Taylor DipCOT, MSc, has been an Occupational Therapist for over 25 years and has worked in a range of settings and sectors including the NHS, Third Sector, Social Enterprise and Independently. Her current role over the last 7 years is as Clinical Lead for the Therapy Team in a Specialist NHS Chronic Fatigue/ME Service based at Seacroft Hospital, Leeds. It provides mainly out-patient treatment to people across the West Yorkshire area. Her role is half clinical but also leading, supervising and supporting the team of therapists to deliver the best evidenced-based treatment in groups and individually working with a diverse range of function and expectations within the patient population. She oversees the screening of the referrals and decisions about pathway and formulation following patient presentation as part of the multidisciplinary team. Deborah understands the importance for all stakeholders to receive timely and effective interventions and rehabilitation to promote recovery, sustained occupational roles, well-being and management strategies. Deborah is also dedicated to promoting service user and carer involvement and is also undertaking Coaching Training.

Course Fees:

£105.00

All learning materials, lunch and refreshments are included.

Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for **3** CPD hours subject to your peer group approval.

This conference is suitable for:

Any healthcare practitioners who encounter patients with CFS/ME or significant fatigue symptoms in their clinical practice.



Andrew Sims Centre Reservation Form

Course Title: **Chronic Fatigue Syndrome/ME**

Date: **Wednesday 25 March 2020**



Leeds and York Partnership
NHS Foundation Trust

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title First Name
Surname Job Title
Speciality
Trust / Organisation
Preferred Mailing Address
..... Postcode
Work Telephone Mobile
Email
Dietary Other
Signature Date

NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick []

COURSE FEES

[] One Place £105.00

Promotional Code Making Course Fee £.....

BOOKING & PAYMENT OPTIONS

Please choose ONE of the following payment options (1 to 6)

- 1. ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with a credit or debit card
- 2. TELEPHONE:** 0113 855 5638 with a credit or debit card
- 3. POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- 4. BACS:** Account Number: 10003312 Sort Code: 60-70-80
Please use ref ASC250320-DELEGATENAME
- 5. INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net
Trust
Purchase Order Number
- 6. LYPFT Internal Transfer:**
Budget Holder Name
Budget Holder Email
Budget Code:
Budget Holders signature
Budget Transfer will occur in **March 2020**

All Payment must be received in advance of event.

HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

ACCREDITATION

This course is eligible for 3 CPD hours subject to your peer group approval.

THE VENUE

The Met Hotel is approx. 2 minutes' walk from Leeds city train station. If you are travelling by car, please note that The Met has no parking for delegates and it is recommended that you park in the long-stay train station car park off Aire Street or one of the other city-centre car parks.

CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick []

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here []

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick []