



# Bipolar Disorder Delayed Diagnosis

Friday 3 April 2020

The Met Hotel, Leeds, LS1 2HQ

12.00pm Registration and Lunch , 12.30pm Welcome and 4.30pm, Close

Bipolar Disorder is widely underdiagnosed. People with this condition wait on average 10 years or more before receiving the diagnosis. The majority of Bipolar Disorder symptoms start in the adolescence. However determining the difference between typical teenage behaviour and behaviour that is a result of Bipolar Disorder is difficult for even the most experienced professionals. Bipolar Disorder is often misdiagnosed as depression. As a consequence patients may be given inappropriate treatment. Improved detection could lead to significantly improved outcomes for people with underlying, but unrecognised Bipolar Disorder. The session will explore most common reasons why it is hard to distinguish Bipolar Disorder from other mental health conditions. It will cover differences in presentation in teenagers and most common misdiagnosis (Major Depression, Borderline Personality Disorder, ADHD). Cases will be used to discuss different presentations, clinical dilemmas and differential diagnosis. Service user perspective will be presented.

After attending this course delegates will be able to:

- Recognise signs and symptoms of Bipolar Disorder in Adolescents
- Understand most common diagnostic difficulties and misdiagnosis
- Have a service user perspective

## Programme:

12.00pm	~ Lunch ~
12.30pm	<b>Welcome and introduction</b> <b>Dr Anna Kucharska</b> , Consultant Child and Adolescent Psychiatrist Independent Practice
12.35pm	<b>Bipolar Disorders &amp; Mood Dysregulation in Adolescents</b>
2.30pm	~ Afternoon refreshments ~
2.45pm	<b>Case Studies</b>
4.30pm	<b>Evaluate and Close</b>

## About our speaker:

After gaining her 1st degree in General Adult Psychiatry in Poland **Dr Anna Kucharska MD, PhD Consultant Adult and Child and Adolescent Psychiatrist Independent Practice**, completed 3 years as a trainee on the St Mary's General Psychiatric Training in London. She has returned to Poland and worked in Regional Eating Disorders Unit for number of years. In 2004 she obtained PhD and published around 54 publications in both polish and international journals. She also wrote a chapter in a book on mental health problems in partially deaf people. On return to UK in 2005 Anna was appointed as a Consultant in General Adult Psychiatry. In 2006 she has moved to field of Child and Adolescent psychiatry. For last 13 years she has worked as a Consultant in Child and Adolescent Psychiatry in Northumberland, Tyne and Wear NHS Trust and South West Yorkshire Partnership NHS Foundation Trust. She also worked as a Locum Consultant for PULSE and Medax. She became interested in Mood Disorders in young people few years ago after a member of her family was diagnosed with Bipolar Affective Disorder.

## Course Fees:

**£105.00**

All learning materials, lunch and refreshments are included.

## Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

## Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 3 CPD hours subject to your peer group approval.

## This conference is suitable for:

Healthcare professionals

# Andrew Sims Centre Reservation Form



Leeds and York Partnership  
NHS Foundation Trust

Course Title: **BIPOLAR DISORDER DELAYED DIAGNOSIS**

Date: **FRIDAY 3 APRIL 2020**

## YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title ..... First Name .....

Surname ..... Job Title .....

Speciality .....

Trust / Organisation .....

Preferred Mailing Address .....

..... Postcode .....

Work Telephone ..... Mobile .....

Email .....

Dietary ..... Other .....

Signature ..... Date .....

## NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick [ ]

## COURSE FEES

[ ] One Place £105.00

## BOOKING & PAYMENT OPTIONS

Please choose **ONE** of the following payment options (1 to 6)

- 1. ONLINE:** andrewsimscentre.nhs.uk with a card and RECEIVE £10 DISCOUNT
- 2. TELEPHONE:** 0113 855 5638 with a credit or debit card
- 3. POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- 4. BACS:** Account Number: 10003312 Sort Code: 60-70-80  
Please use ref ASC030420-DELEGATENAME
- 5. INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net  
Trust .....  
Purchase Order Number .....
- 6. LYPFT Internal Transfer:**  
Budget Holder Name.....  
Budget Holder Email .....  
Budget Code: .....  
Budget Holders signature .....  
Budget Transfer will occur in April 2020

**All Payment must be received in advance of event.**

## HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

## PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

## ACCREDITATION

This course is eligible for 3 CPD hours subject to your peer group approval.

## THE VENUE

The Met Hotel is approx. 2 minutes' walk from Leeds city train station. If you are travelling by car, please note that The Met has no parking for delegates and it is recommended that you park in the long-stay train station car park off Aire Street or one of the other city-centre car parks.

## CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick [ ]

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]