



AndrewSimsCentre  
for professional development



Leeds and York Partnership  
NHS Foundation Trust



Workshop

# The Autism Spectrum

*Understanding and Supporting Neurodiversity*

**Tuesday 14 January 2020**

The Met Hotel, King Street, Leeds, LS1 2HQ

9am Registration, 9.30am Welcome and 4.30pm, Close

This talk aims to promote acceptance of people on the autistic spectrum by helping others to understand what it really means to be autistic. Improved training around autism is at the heart of the autism strategy for all public service staff, but particularly for those working in health and social care. This workshop focuses on enhancing autism understanding through discussion of how autistic people experience the world around them. It promotes the idea that people with autism are better served not by viewing autism as a disorder or condition, but by accepting it as a different way of thinking.

This course aims to provide delegates with:

- Recognise the challenges autistic people face on a day to day basis
- Understand why autistic people may behave in certain ways
- Think about ways they can support autistic people they come into contact with

## About our speakers:

**Pete Hughes**, CEO, Leeds Autism Services

After training and working in mental health settings, Pete joined Leeds Autism Services as a support worker in 2001 and has since undertaken a number of roles within the organisation, becoming CEO in late 2017. With nearly 20 years' experience working solely in the field of autism, Pete has worked with over 100 autistic adults and their families. During that time, he has gained a unique insight into the shared traits which define such a diverse group of people as being 'autistic'. Pete is a passionate believer in the positive recognition and equal rights of autistic people.

**Gina Lewis**, Autistic Adult and Employee at Leeds Autism Services

Gina's interest in human behaviour started at a young age and led her to study psychology, gaining her a 2.1 BSC Hons in psychology. After working with mental health and learning disability services for 5 years, Gina's developed a special interest in Autism, leading her to seek out a position at Leeds autism services in 2014. A challenging time in Gina's life in 2017 led to a period of self reflection and extensive research into the newest understandings of autism, in particular, how it manifests in girls and women and atypical presentations of spectrum disorders, such as PDA.

## Course Fees:

**£195.00**

All learning materials, lunch and refreshments are included.

## Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

## Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 6 CPD hours subject to your peer group approval.

## This conference is suitable for:

Healthcare Professionals

www.andrewsimscentre.nhs.uk  
andrewsimscentre.lypft@nhs.net  
0113 85 55638





# Andrew Sims Centre Reservation Form

Course Title: **The Autism Spectrum**

Date: **Tuesday 14 January 2020**



**Leeds and York Partnership**  
NHS Foundation Trust

## YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title ..... First Name .....

Surname ..... Job Title .....

Speciality .....

Trust / Organisation .....

Preferred Mailing Address .....

..... Postcode .....

Work Telephone ..... Mobile .....

Email .....

Dietary ..... Other .....

Signature ..... Date .....

## NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick [ ]

## COURSE FEES

[ ] One Place £195.00

Promotional Code ..... Making Course Fee £.....

## BOOKING & PAYMENT OPTIONS

*Please choose ONE of the following payment options (1 to 6)*

- ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with credit or debit card
- TELEPHONE:** 0113 855 5638 with credit or debit card
- POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- BACS:** Account Number: 10003312 Sort Code: 60-70-80  
Please use ref ASC140120DELEGATENAME
- INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net  
Trust .....  
Purchase Order Number .....
- LYPFT Internal Transfer:**  
Budget Holder Name.....  
Budget Holder Email .....  
Budget Code: .....  
Budget Holders signature .....  
Budget Transfer will occur in **January 2020**

**All Payment must be received in advance of event.**

## HOW TO BOOK

If you are paying by debit or credit card, please call **0113 85 55638** or email **andrewsimscentre.lypft@nhs.net**. Otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB**. Please note this is our correspondence address only. Please check individual courses for venue details.

## PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date**. If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

## ACCREDITATION

This course is eligible for **6 CPD** hours subject to your peer group approval.

## THE VENUE

The Met Hotel is approx. 2 minutes' walk from Leeds city train station. If you are travelling by car, please note that The Met has no parking for delegates and it is recommended that you park in the long-stay train station car park off Aire Street or one of the other city-centre car parks.

## CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick [ ]

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]

