





# **Borderline Personality Disorder**

Tackling Complexity and Offering Hope: Making Sense of BPD

## Monday 21 September 2020

Clayton Hotel, 7 City Walk, Leeds, LS11 9AT 9am Registration, 9.30am Welcome and 4.30pm, Close

The session will enable practitioners to gain a broad understanding of borderline personality disorder (BPD), from a wide variety of perspectives, and through this deliver better care and services to individuals, who are often excluded by virtue of their presentation and diagnosis. Emphasis will be placed on what BPD looks like in practice, the challenges posed to services, how leadership and management theory can be applied to working with people with BPD and how to use phasing and formulation to achieve better outcomes for both clients and services.

After attending this course, delegates will be able to:

- Develop and understanding of the importance of therapeutic optimism and hope, its applicability in BPD and how to achieve this.
- Translate leadership and management principles to clinical work with people with BPD
- Understand the core elements of the disorder and trauma based approaches to treatment.

### About Our Speaker: Dr Fiona Mason MB BS FRCPsych

Fiona Mason trained in General Psychiatry at the Royal Free Hospital, London, and went on to specialise in Forensic Psychiatry at the Maudsley Hospital, subsequently becoming a Lecturer in Victimology and Forensic Psychiatry at the Institute of Psychiatry. During this time she worked within the Traumatic Stress Service at the Maudsley. She next worked as a Consultant at Broadmoor High Secure Hospital before taking up a post at St Andrew's Healthcare. In both organisations she was responsible for developing services for women, her clinical work focusing on those with a diagnosis of personality disorder.

Fiona now works independently as a clinical advisor, coach, leadership trainer, lecturer and medico-legal expert. Fiona is a recognised leader in the field of women's mental health and healthcare leadership, and regularly advises, teaches and publishes on both subjects.

Course Fees:	Reservations:	
£185.00 All learning materials, lunch and refreshments are included.	Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence ad- dress only.)	
	If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?	
Study Methods and Accreditation:	This conference is suitable for:	
Lectures small group work group discussions guestion and answer	Health, criminal justice and social care professionals.	

ectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 6 CPD hours subject to your peer group approval.





## **Andrew Sims Centre Reservation Form**

**Leeds and York Partne NHS Foundation Trust** 

Course Title: BORDERLINE PERSONALITY DISORDER

Date: MONDAY 21 SEPTEMBER 2020

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BO	OOKING & PAYMENT OPTIONS
Ple	ease choose ONE of the following payment options (1 to 6)
1.	<b>ONLINE:</b> andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with a credit or debcard
2.	TELEPHONE: 0113 855 5638 with a credit or debit card
3.	<b>POST:</b> Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industria Estate, Leeds, LS15 8ZB
4.	<b>BACS:</b> Account Number: 10003312 Sort Code: 60-70-80 Please use ref ASC12092020-DELEGATENAME
5.	<b>INVOICE:</b> Please send a copy of Purchase Order with delegate details to andrewsimscer tre.lypft@nhs.net
	Trust
6.	LYPFT Internal Transfer:
	Budget Holder Name.  Budget Holder Email  Budget Code:  Budget Holders signature

Budget Transfer will occur in September 2020

All Payment must be received in advance of event.

**HOW TO BOOK** 

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB or Email it to andrewsimscentre.lypft@nhs.net.

Please note this is our correspondence address only. Please check individual courses for venue details.

#### **PAYMENT METHODS**

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. Payment must be received before the course date. If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

#### ACCREDITATION

This course is eligible for 6 CPD hours subject to your peer group approval.

#### THE VENUE

Clayton Hotel Leeds is situated just minutes from the city centre and is easily accessible from Junction 3 of the M621. Just 20 minutes' drive from Leeds Bradford International Airport, the hotel is also only a short walking distance from national rail links. There are over 180 fully secure, underground parking spaces. For Sat Nav, please use LS11 9AT postcode.

#### **CONFIRMATION OF RESERVATIONS**

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

#### RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

#### **FURTHER INFORMATION**

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Pure360 and Attercopia Ltd according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events

If you would like to keep up to date with our events and activities, please tick [ ]

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]

