

# Eating Disorders: the importance of early intervention

Tuesday 19 January 2021

Virtual Event via Zoom

5.45pm Registration, 6.00pm Welcome and 8.00pm, Close

The workshop will cover the latest national clinical outcome data linked to early intervention pathways in the under 25s (FREED- first episode and rapid early intervention for eating disorders). It too will consider the effective use of social media and online support to aid early intervention and thereby reduce the duration of untreated illness. Exploration of the current MaRSiPAN (Management of Really Sick Patients with Anorexia Nervosa) (RCPsych, 2014) guidelines will include service user experience and perspectives.

After attending this course delegates will be able to....

- Understand based on clinical outcome data the importance of early intervention pathways
- Understand how to manage physical risk in eating disorders (MaRSiPAN)
- Appreciate a service user's experience of accessing both MaRSiPAN and early intervention pathways in West Yorkshire

## About our speaker:

**Dr Monique Schelhase** is the Clinical Lead for CONNECT: West Yorkshire Adult Eating Disorder Service which is the Lead Provider within the West Yorkshire Adult Eating Disorder Provider Collaborative. She was the Leeds site lead for the FREED-UP research project, led by the Maudsley. Her research interests include body image therapies and the psychological impact of enteral feeding regimes. Additionally she is the Chair of the Royal College of Psychiatrists SAS Committee and is an Approved Clinician.

Daniel is a 26 year-old male from West Yorkshire, pursuing his life-long career interest in aviation, which sees him currently working in a Head Office role for a UK based airline. It is here, where he has developed his early career since graduating from the University of Salford (2015) with a First Class Honours Degree in Aviation Technology with Pilot Studies. Following his Graduation, Daniel has moved back to the family home with his parents, which also happens to be close to his workplace. In his spare time, Daniel enjoys many hobbies including playing the Drums, running, gardening and cycling, amongst anything else which he has the time for! Despite enjoying a trouble-free childhood, it is thought that certain eating disorder tendencies began to manifest in 2016, before a rapid deterioration in 2019 led to a self-referral and subsequent diagnosis of Anorexia Nervosa. In the last 12-months he has undergone treatment with CONNECT, accessing both FREED and MARSIPAN pathways, followed by a successful discharge from the service in October 2020.

## Course Fees:

**£45.00**

All learning materials are included.

## Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

## Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 2 CPD hours subject to your peer group approval.

## This conference is suitable for:

Health professionals working in primary care and secondary mental health services

# Andrew Sims Centre Reservation Form

Course Title: Eating Disorders: the important of early intervention

Date: Tuesday 19 January 2021



Leeds and York Partnership  
NHS Foundation Trust

## YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title ..... First Name .....

Surname ..... Job Title .....

Speciality .....

Trust / Organisation .....

Preferred Mailing Address .....

..... Postcode .....

Work Telephone ..... Mobile .....

Email .....

Dietary ..... Other .....

Signature ..... Date .....

## NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick [ ]

## COURSE FEES

[ ] One Place £45.00

## BOOKING & PAYMENT OPTIONS

Please choose ONE of the following payment options (1 to 6)

- 1. ONLINE:** andrewsimscentre.nhs.uk with a card and RECEIVE £10 DISCOUNT
- 2. TELEPHONE:** 0113 855 5638 with a credit or debit card
- 3. POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- 4. BACS:** Account Number: 10003312 Sort Code: 60-70-80  
Please use ref ASC190121-DELEGATENAME
- 5. INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net  
Trust .....

Purchase Order Number .....

- 6. LYPFT Internal Transfer:**  
Budget Holder Name.....  
Budget Holder Email .....

Budget Code: .....

Budget Holders signature .....

Budget Transfer will occur in January 2021

All Payment must be received in advance of event.

## HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

## PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

## ACCREDITATION

This course is eligible for 2 CPD hours subject to your peer group approval.

## THE VENUE

This event will be conducted virtually via Zoom, please ensure that you have the software downloaded and a free account created prior to the day of this course. You can sign up to Zoom [here](#). More information regarding Zoom and how to join the course will be emailed 2 weeks prior to the event.

## CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick [ ]

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]