

# Advances in Prescribing: General Adult Psychiatry

**Date: Thursday 25th  
January 2024**

**Venue: Horizon Leeds,  
LS10 1JR**

**Timings:**  
**09.00am** Registration  
**09.30am** Welcome  
**4.30pm** Close

**Course Fee**  
£250.00

## Accreditation

This course is eligible for **6 CPD** hours subject to your peer group approval.

## Suitability

General Adult Psychiatrists of all grades, Trainees in Psychiatry, GPS with special interest in Psychiatry, Clinical Pharmacists and non-medical prescribers

## The Venue

Horizon Leeds, is approx. 9 minutes walking distance from Leeds train station. Horizon has a reduced rate for parking at Leeds Dock Citipark. More details will be provided in confirmation email.

T: 0113 85 55638  
E: andrewsimscentre.lypft@nhs.net  
W: andrewsimscentre.nhs.uk

## About this course

Prescribing psychotropic medication remains a core intervention in the management of adults suffering from mental health conditions. There has been an ongoing evolution in the treatment of psychosis, affective disorders and other significant psychiatric morbidities. Over the last 35 years, a number of psychotropic agents have been introduced to the market and some of them have become the golden standard. Is the current data sufficient to support changes in our prescribing attitudes compared to well-established treatments? How prominent are these novel treatments particularly in our challenging times, where safety and cost-effectiveness matters?

## Course Objectives

After attending this course you will be able to:

- Be updated of the current data related to novel and promising treatments in general adult psychiatry
- Gain further insight into the available psychopharmacological interventions and their potential implementations in day to day clinical practice
- Familiarise with novel psychotropic agents including their mechanism of action, indications, and adverse effects.

## About our speaker

**Dr Nikolaos Fragkos**, Consultant Psychiatrist at Crisis Resolution and Intensive Support Service at Leeds and York Partnership NHS Foundation Trust, will cover the most recent updates on prescribing psychotropics in general adult psychiatry focusing both on common and complex mental health conditions. Novel psychopharmacological treatments, prescribing guidance, supporting evidence and literature updates will be discussed in the session. Dr Fragkos is a general adult psychiatrist with an experience in treating patients with complex mental health conditions both in inpatient settings and in the community. He has joined Leeds and York Partnership Foundation Trust in 2016 and since 2020, he works as a Consultant Psychiatrist with East Intensive Support Service (home based treatment team for working age adults).

# Andrew Sims Centre Reservation Form

## BOOKING CONFIRMATION

All bookings will be confirmed in writing via email. Further details including programme times and venue information, will be sent approximately 2 weeks prior to the event date via email. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee. We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time. For further information on the conditions of booking, please [click here](#).

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, by receiving our fortnightly e-newsletter, please tick [ ]

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**Course Title:** Advances in Prescribing: General Adult Psychiatry

**Course Date:** Thursday 25th January 2024

## Your Details

**Title:**.....

**First Name:**..... **Surname:**.....

**Job Title:**.....

**Speciality:**.....

**Trust/Organisation:**.....

**Work Telephone:**..... **Mobile:**.....

**Email:**.....

**Dietary Requirements:**.....

**Other:**.....

**Signature:**..... **Date:**.....

## Payment Options

**COURSE FEE:** £250.00 [ ]

**ONLINE:** Please visit [www.andrewsimscentre.nhs.uk](http://www.andrewsimscentre.nhs.uk) and pick the course you would like to attend to book and pay.

**TELEPHONE:** With debit or credit card 0113 855 5638

**INVOICE:** Please send a copy of Purchase Order with delegate details/Trust/PO Number to [andrewsimscentre.lypft@nhs.net](mailto:andrewsimscentre.lypft@nhs.net)

**LYPFT INTERNAL TRANSFER & STUDY LEAVE** Please email [andrewsimscentre.lypft@nhs.net](mailto:andrewsimscentre.lypft@nhs.net) with the following information:

Budget Holder Name & Email

Budget Code

Budget Holder Signature

Budget Transfer will occur in **January** 2024

**ALL PAYMENTS MUST BE RECEIVED IN ADVANCE OF EVENT**