

Booking Form

Course Title:

Health Anxiety & Death Anxiety: Assessment, Formulation and Treatment

Date:

Wednesday 14th October 2026

Venue:

Horizon Leeds, Leeds LS10 1JR

Timings:

9:00am Registration

9:30am Start

12:30pm Close

Course Fee: £250.00

This course is suitable for Psychiatrists, Psychologists, General Practitioners, Physicians, Nurses, Therapists, Palliative care professionals and any interested health care professionals and is worth **3 CPD** points.

YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title.....First Name.....

Surname.....Job Title.....

Speciality.....

Trust/Organisation.....

Work Telephone.....Mobile.....

Email.....

Dietary.....Other.....

Signature.....Date.....

BOOKING & PAYMENT OPTIONS

COURSE FEE: £250.00

ONLINE: Please visit www.andrewsimscentre.nhs.uk and pick the course you would like to attend to book and pay.

TELEPHONE: With debit or credit card 0113 855 5638

INVOICE: Please send a copy of Purchase Order with delegate details/Trust/PO Number to andrewsimscentre.lypft@nhs.net

LYPFT INTERNAL TRANSFER & STUDY LEAVE Please email andrewsimscentre.lypft@nhs.net with the following information:

Budget Holder Name & Email.....

Budget Code.....

Budget Holder Signature.....

Budget Transfer will occur in **OCTOBER** 2026

ALL PAYMENTS MUST BE RECEIVED IN ADVANCE OF EVENT

RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee. We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. For further information on the conditions of booking, please [click here](#).

FURTHER INFORMATION

The Andrew Sims Centre is part of Leeds and York Partnership NHS Foundation Trust. Your personal information will be stored and processed by the ASC, Stripe and HMA according to the General Data Protection Law. If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

Booking Flyer

About this course

This course will help you to assess the condition and associated disorders (OCD and Other Somatizing disorders).

Course Objectives

After attending this course you will be able to understand:

- Understanding the nature of health anxiety and death anxiety
- Construct psychological formulation of health and death anxiety
- Use therapeutic interventions, based on CBT and humanistic approaches

About our speaker

Dr Saju has 30 years of experience in clinical psychiatry, with endorsement in Liaison Psychiatry from 2002. He is accredited CBT therapist, Medical Psychotherapist and psychotherapy supervisor since 2009. He has MSC in Family Systemic Therapy. He was influenced by attachment theory and narrative therapy , but integrates this with his main model, CBT>. He has worked in various specialities in adult psychiatry over the years in Yorkshire.