



AndrewSimsCentre  
for professional development



Leeds and York Partnership  
NHS Foundation Trust



Workshop

# ADHD in Adulthood

*Assessment and Treatment*

**Thursday 14 February 2019**

The Met Hotel, King Street, Leeds, LS1 2HQ

9am Registration, 9.30am Welcome and 4.30pm, Close

Adult ADHD is no longer a disorder we can ignore. A meta-analysis estimates world prevalence of ADHD in adults to average 2.5% or higher, and is identified in 15% of patients attending general psychiatry clinics. Despite the publication of NICE guidelines, you may still have little experience or confidence in the assessment and management of the disorder.

This workshop will cover the principles of screening and assessing for ADHD in adults, distinguishing it from other mental disorder, and considering the impact of co-morbidity. In addition, there will be training in the initiation and monitoring of pharmacological treatment consideration of other non-pharmacological interventions.

This course aims to provide delegates with:

- Knowledge on how to screen and assess for Adult ADHD
- Be familiar and more confident how to initiate and monitor pharmacological treatment
- Have an awareness of the effectiveness of non pharmacological interventions

## PROGRAMME

9.00am	Registration	1.15pm	<b>Nurse-Led Clinics</b>
9.30am	<b>Welcome and introduction</b>	1.45pm	<b>Psychological interventions for ADHD</b>
9.35am	<b>Why do we need to know about ADHD in adults? Assessment of Adult ADHD</b>	2.15pm	<b>Service user perspective</b>
11.00am	~ Morning refreshments ~	3.00pm	~ Afternoon refreshments ~
11.15am	<b>Pharmacological treatment of Adult ADHD</b>	2.45pm	<b>ADHD and Co-Morbidity: Case Histories</b>
12.30pm	~ Lunch ~	4.00pm	Discussion
		4.30pm	Evaluation and close

### Course Fees:

**£150.00**

All learning materials, lunch and refreshments are included.

### Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

### Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 6 CPD hours subject to your peer group approval.

### This conference is suitable for:

Doctors, Nurses and all Mental Health Professionals

www.andrewsimscentre.nhs.uk  
andrewsimscentre.lypft@nhs.net  
0113 85 55638





# Andrew Sims Centre Reservation Form

Course Title: **ADHD in Adulthood**

Date: **Thursday 14 February 2019**

## YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title ..... First Name .....

Surname ..... Job Title .....

Speciality .....

Trust / Organisation .....

Preferred Mailing Address .....

..... Postcode .....

Work Telephone ..... Mobile .....

Email .....

Dietary ..... Other .....

Signature ..... Date .....

## NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick [ ]

## COURSE FEES

[ ] One Place £150.00

Promotional Code ..... Making Course Fee £.....

## BOOKING & PAYMENT OPTIONS

Please choose ONE of the following payment options (1 to 6)

- ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with a credit or debit card
- TELEPHONE:** 0113 855 5638 with a credit or debit card
- POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- BACS:** Account Number: 10003312 Sort Code: 60-70-80  
Please use ref ASC140219-DELEGATENAME
- INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net  
Trust .....
- LYPFT Internal Transfer:**  
Budget Holder Name.....  
Budget Holder Email .....

All Payment must be received in advance of event.

## HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

## PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

## ACCREDITATION

This course is eligible for 6 CPD hours subject to your peer group approval.

## THE VENUE

Clayton Hotel Leeds is situated just minutes from the city centre and is easily accessible from Junction 3 of the M621. Just 20 minutes' drive from Leeds Bradford International Airport, the hotel is also only a short walking distance from national rail links.

## CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Pure360 and Attercopia Ltd according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us.

Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick [ ]

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]