

# Perinatal Mental Illnesses

*For Non-Specialists*

**Tuesday 19 March 2019**

Radisson Blue Hotel, No 1 The Light, The Headrow, Leeds, LS1 8TL

9am Registration, 9.30am Welcome and 4.30pm, Close

This course will help you identify and assess those at high risks of perinatal mental ill health; look at the different types of perinatal mental illness and its consequences and risks as well as look at how/when to assessment and treatment these mother as well as those how develop mental illness post natal, in order to prevent as well as treat effectively women and reduce negative impact they may have on the offspring.

This course aims to provide delegates with:

- Identify and assess those at high risks of perinatal mental illness
- Devise a perinatal care plan and assess and manage risks post natal
- Manage and treat those that relapse or become unwell

## Programme:

|         |                                                           |
|---------|-----------------------------------------------------------|
| 9.00am  | Registration                                              |
| 9.30am  | <b>Welcome and introduction</b>                           |
| 9.35am  | <b>Perinatal Mental Illness Presentation</b>              |
| 10.30am | ~ Morning refreshments ~                                  |
| 10.45am | <b>Perinatal Mental Illness Presentation Continued...</b> |
| 12.30pm | ~ Lunch ~                                                 |
| 1.00pm  | <b>Case Studies</b>                                       |
| 2.30pm  | ~ Afternoon refreshments ~                                |
| 2.45pm  | <b>Discussion</b>                                         |
| 3.45pm  | <b>Q&amp;A</b>                                            |
| 4.15pm  | Evaluation and close                                      |

## About Our Speaker:

**Dr Catia Acosta**, Consultant Psychiatrist in Perinatal, Eating Disorders and Liaison Psychiatry at CNWL NHS Foundation Trust Perinatal Service.

Catia is a medical doctor, specialist in General Adult Psychiatry with an endorsement in liaison psychiatry and subspecialty in both Perinatal psychiatry and Eating disorders with have particular expertise in the assessment and treatment of Eating Disorders during the Perinatal period.

Catia currently works at the perinatal and parent-infant mental health service, based at Chelsea and Westminster Hospital. Previously, she worked at the perinatal mental health service, based at St Thomas Hospital and completed her speciality training at the Maudsley hospital.

## Course Fees:

**£150.00**

All learning materials, lunch and refreshments are included.

## Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

## Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 6 CPD hours subject to your peer group approval.

## This conference is suitable for:

Psychiatrists, GPs and other Mental Health Professionals



# Andrew Sims Centre Reservation Form

Course Title: **Perinatal Mental Illness**

Date: **Tuesday 19 March 2019**

## YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title ..... First Name .....

Surname ..... Job Title .....

Speciality .....

Trust / Organisation .....

Preferred Mailing Address .....

..... Postcode .....

Work Telephone ..... Mobile .....

Email .....

Dietary ..... Other .....

Signature ..... Date .....

## NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick [ ]

## COURSE FEES

[ ] One Place £150.00

Promotional Code ..... Making Course Fee £.....

## BOOKING & PAYMENT OPTIONS

Please choose ONE of the following payment options (1 to 6)

- ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with a credit or debit card
- TELEPHONE:** 0113 855 5638 with a credit or debit card
- POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- BACS:** Account Number: 10003312 Sort Code: 60-70-80  
Please use ref ASC190319-DELEGATENAME
- INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net  
Trust .....  
Purchase Order Number .....
- LYPFT Internal Transfer:**  
Budget Holder Name.....  
Budget Holder Email .....  
Budget Code: .....  
Budget Holders signature .....  
Budget Transfer will occur in March 2019

All Payment must be received in advance of event.

## HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

## PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

## ACCREDITATION

This course is eligible for 6 CPD hours subject to your peer group approval.

## THE VENUE

Radisson Blue car park is at Q-Park The Light, a secure underground car park; The postcode for your Sat Nav is LS2 3AG. Venue is 10 minute walk from Leeds train station, exit the station into City Square, heading north up Park Row. The hotel is straight ahead at the corner of Headrow and Cookridge Street, within The Light complex.

## CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Pure360 and Attercopia Ltd according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick [ ]

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]