

# Mental Health in Boys and Men

**Monday 23 September 2019**

The Met Hotel Leeds, King Street, Leeds, LS1 2HQ  
12.00pm Registration, 12.30pm Welcome and 4.30pm, Close

Whilst the mental health of boys and men has received increased attention from the media in recent years, many are reluctant to seek support. This training session will address the mental health of boys and men and address the barriers they, and the professionals placed to help them, face. The session will explore preconceived ideas and stereotypes around masculinity and what it means to be male.

After attending this course delegates will be able to:

- Challenge gender biased practice
- Increase accessibility and inclusivity of practice and services to males
- Use strategies to help engage with boys and men

## About our speaker:

**Phil Mitchell**, Counsellor, Psychotherapist, Supervisor, Trainer and Male Sexual Abuse Specialist, is an accredited counsellor and psychotherapist with the British Association for Counselling and Psychotherapy (BACP) specialising in working with boys and men who have experienced recent and/or historic sexual abuse. Since 2004 Phil has worked therapeutically with males affected by rape, sexual abuse, sexual violence and sexual exploitation.

## Other upcoming ASC Courses:

**Introduction to Intensive Short-Term Dynamic Psychotherapy (ISTDP)** — Thursday 10 October 2019 — £185.00

**Attachment Narratives and CBT in Complex Cases**—Friday 11 October 2019 — £185.00

**Risk for Sexual Violence Protocol (RSVP)** — Thursday 28 to Friday 29 November 2019 — £395.00

## Course Fees:

**£105.00**

All learning materials, lunch and refreshments are included.

## Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

## Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 3 CPD hours subject to your peer group approval.

## This conference is suitable for:

Mental Health professionals

# Andrew Sims Centre Reservation Form



Leeds and York Partnership  
NHS Foundation Trust

Course Title: **MENTAL HEALTH IN BOYS AND MEN**

Date: **MONAY 23 SEPTEMBER 2019**

## YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title ..... First Name .....

Surname ..... Job Title .....

Speciality .....

Trust / Organisation .....

Preferred Mailing Address .....

..... Postcode .....

Work Telephone ..... Mobile .....

Email .....

Dietary ..... Other .....

Signature ..... Date .....

## NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick [ ]

## COURSE FEES

[ ] One Place £105.00

## BOOKING & PAYMENT OPTIONS

Please choose ONE of the following payment options (1 to 6)

- 1. ONLINE:** andrewsimscentre.nhs.uk with a card and RECEIVE £10 DISCOUNT
- 2. TELEPHONE:** 0113 855 5638 with a credit or debit card
- 3. POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
- 4. BACS:** Account Number: 10003312 Sort Code: 60-70-80  
Please use ref ASC230919-DELEGATENAME
- 5. INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net  
Trust .....
- 6. LYPFT Internal Transfer:**  
Budget Holder Name.....  
Budget Holder Email .....

All Payment must be received in advance of event.

## HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

## PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

## ACCREDITATION

This course is eligible for 3 CPD hours subject to your peer group approval.

## THE VENUE

The Met Hotel is approx. 2 minutes' walk from Leeds city train station. If you are travelling by car, please note that The Met has no parking for delegates and it is recommended that you park in the long-stay train station car park off Aire Street or one of the other city-centre car parks.

## CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Pure360 and Attercopia Ltd according to the General Data Protection Law ("GDPR"). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick [ ]

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]