



AndrewSimsCentre  
for professional development



Leeds and York Partnership  
NHS Foundation Trust



Workshop

# Helping people who use mental health services to quit smoking: An introduction

**Wednesday 5 June 2019**

Cloth Hall Court, Quebec Street, Leeds, LS1 2HA

9am Registration, 9.30am Welcome and 4.30pm, Close

Whilst people with Severe Mental Ill Health are more likely to smoke and be more addicted to nicotine than the general population, they are less likely to be offered help to stop smoking despite having similar levels of desire to quit or cut down. NICE guidelines 2018: "Stop smoking interventions and services", states that people with mental health problems should be prioritised. In addition, The National Centre for Smoking Cessation & Training (NCSCT) believe 'It is very likely that treatment will be more effective if tailored to the needs of people with mental health problems, rather than simply replicating programmes aimed at the general population'. The Smoking Cessation Intervention for Severe Mental Health Trial found that offering a bespoke smoking cessation programme was effective.

This course aims to provide delegates with:

- Introduce smoking cessation to people with SMI and give brief advice
- Support people with SMI who want to give up smoking
- Recognise the impact NRT, Medication (Champix) and mental health problems can have on smoking cessation

## About our speaker:

**Simon Gilbody** is Professor of Psychological Medicine and Health Services Research and Director of Mental Health & Addiction Research Group (MHARG) at the University of York. Professor Gilbody is the Chief Investigator for the SCIMITAR+ Trial. The SCIMITAR+ team trained and support mental health professionals and others with an awareness of severe mental health to deliver a bespoke smoking cessation intervention to over 200 individuals at multiple sites across England.

## Other Upcoming ASC Courses:

The Clinician in the Court of Protection—26 June — £185

Chimp Paradox—19 September—£195

## Course Fees:

**£195.00**

All learning materials, lunch and refreshments are included.

## Reservations:

Please complete the reservation form overleaf and post or scan to: Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, LS15 8ZB. (Please note this is our correspondence address only.)

If you are paying by debit or credit card, why not BOOK ONLINE and receive a £10 discount on the advertised price?

## Study Methods and Accreditation:

Lectures, small group work, group discussions, question and answer sessions, case studies, case directed discussions etc. This course is eligible for 6 CPD hours subject to your peer group approval.

## This conference is suitable for:

Mental Health Professionals

www.andrewsimscentre.nhs.uk  
andrewsimscentre.lypft@nhs.net  
0113 85 55638





# Andrew Sims Centre Reservation Form

Course Title: **HELPING PEOPLE WHO USE MENTAL HEALTH SERVICES TO QUIT SMOKING: AN INTRODUCTION**

Date: **WEDNESDAY 5 JUNE 2019**

## YOUR DETAILS

PLEASE PRINT YOUR DETAILS IN BLOCK CAPITALS

Title ..... First Name .....

Surname ..... Job Title .....

Speciality .....

Trust / Organisation .....

Preferred Mailing Address .....

..... Postcode .....

Work Telephone ..... Mobile .....

Email .....

Dietary ..... Other .....

Signature ..... Date .....

## NEWSLETTER AND MARKETING

We want to stay in touch, to let you know about our future courses, discounts and ASC news. If you want to receive this information via our email Newsletter, sent every two weeks, please tick [ ]

## COURSE FEES

[ ] One Place £195.00

Promotional Code ..... Making Course Fee £.....

## BOOKING & PAYMENT OPTIONS

*Please choose ONE of the following payment options (1 to 6)*

- 1. ONLINE:** andrewsimscentre.nhs.uk and RECEIVE £10 DISCOUNT with credit or debit card
  - 2. TELEPHONE:** 0113 855 5638 with credit or debit card
  - 3. POST:** Administrator at Andrew Sims Centre, 2150 Century Way, Thorpe Park Industrial Estate, Leeds, LS15 8ZB
  - 4. BACS:** Account Number: 10003312 Sort Code: 60-70-80  
Please use ref ASC050619-DELEGATENAME
  - 5. INVOICE:** Please send a copy of Purchase Order with delegate details to andrewsimscentre.lypft@nhs.net  
Trust .....
- Purchase Order Number .....
- 6. LYPFT Internal Transfer:**  
Budget Holder Name.....  
Budget Holder Email .....
- Budget Code: .....
- Budget Holders signature .....
- Budget Transfer will occur in June 2019

**All Payment must be received in advance of event.**

## HOW TO BOOK

If you are paying by debit or credit card, please BOOK ONLINE, otherwise please complete the reservation form and either post to: **Events Administrator, Andrew Sims Centre, 2150 Century Way, Thorpe Park, Leeds, West Yorkshire, LS15 8ZB** or Email it to **andrewsimscentre.lypft@nhs.net**.

Please note this is our correspondence address only. Please check individual courses for venue details.

## PAYMENT METHODS

We prefer to receive payment by credit card. If you would like us to invoice your organisation, a copy of your Trust's or organisation's official purchase order must be enclosed with this booking. **Payment must be received before the course date.** If payment is not received by the day of the course, you will be asked to guarantee your place with a personal credit card on the day. Leeds and York Partnership NHS Foundation Trust staff must provide a budget code and budget holders authorisation.

## ACCREDITATION

This course is eligible for 6 CPD hours subject to your peer group approval.

## THE VENUE

Cloth Hall Court is approx. 2 minutes' walk from Leeds city train station. If you are travelling by car, please note that Cloth Hall Court has no parking for delegates and it is recommended that you park in the long-stay train station car park off Aire Street or one of the other city-centre car parks.

## CONFIRMATION OF RESERVATIONS

All reservations will be confirmed immediately in writing. Further details including programme times and venue information, will be forwarded approximately 2 weeks prior to the event date. Please ensure you have provided an email address as all booking confirmations will take place by email.

## RESERVATION & CANCELLATION POLICY

Cancellations must be received in writing at least two weeks prior to the course date to be entitled to a refund, which will be subject to a 20% administration fee (minimum £20). We regret that cancellations received after this date cannot be refunded, and refunds cannot be made for failure to attend the event. However, a substitute delegate will be welcomed in your place at any time.

## FURTHER INFORMATION

The Andrew Sims Centre ("ASC") is part of Leeds and York Partnership NHS Foundation Trust ("LYPFT"). Your personal information will be stored and processed by the ASC, Pure360 and Attercopia Ltd according to the General Data Protection Law ('GDPR'). If you would like further information about this please contact us. Your personal information will be used by the ASC to process your application to attend our events.

If you would like to keep up to date with our events and activities, please tick [ ]

If you have booked with the ASC before and already receive our Newsletter and want to unsubscribe please tick here [ ]

If you would like your details to be made available to our third-party partners such as selected event co-partner organisations, or to companies sponsoring or exhibiting at our events, please tick [ ]