MANAGEMENT OF TREATMENT RESISTANT DEPRESSION
Friday 25 June 2010
The Met Hotel, King Street, Leeds LS1 2HQ

Morning Session: Pharmacological Interventions
9.00am Registration; 9.30am Introduction; 12.30pm Close and lunch

Presented by: Dr Hamish McAllister-Williams, Reader in Clinical Psychopharmacology, Institute of Neuroscience at Newcastle University and; Honorary Consultant Psychiatrist and Lead Clinician, Regional Affective Disorders Service, Northumberland Tyne and Wear NHS Foundation Trust.

This session aims to explore some of the factors relevant to the management of treatment refractory depression from assessment to the general principles around psychopharmacological and other treatments. The evidence base for various options (mainly medication and other physical treatments) will be considered and how this can be used to guide treatment. The relevant recommendations from NICE and BAP guidelines on the management of depression will also be covered.

After you have attended this seminar you will:
❖ Understand the general principles of the management of patients with treatment refractory depression
❖ Be aware of the evidence base guiding the use of physical treatments
❖ Have increased your confidence and know what to do if and when you get “stuck”

Afternoon Session: Psychological Interventions
1.00pm Registration and lunch; 1.30pm Introduction; 4.30pm Close


This session will present an overview of the current NICE guidance recommended CBT interventions for treatment resistant depression. There will also be reference to newly emerging CBT protocols that aim to target specific depression related memory biases implicated in the persistence of depression. Specific reference will be made to mindfulness based cognitive therapy, compassionate mind focused cognitive therapy, and consideration will also be given to service delivery models for treatment resistance depression and its management.

After you have attended this seminar you will:
❖ Have an overview of the current advances in CBT research
❖ Understand the factors implicated in the persistence of depression and how newly emerging evidence based CBT interventions may target these factors
❖ Be able to identify how these research findings may be applied in clinical practice

Course fees: £140 per session (early booking rate) (£150 per session standard booking rate) (payment must be received by 11-Jun-10). All learning materials, lunch and refreshments are included.

SPECIAL OFFER!
# Attend the whole day for only £240 (early booking rate only)
# Conditions apply (see Reservation Form for full Terms & Conditions)

Reservations: Please complete the reservation form overleaf and either post to: Development and Events Administrator, The Andrew Sims Centre, The Mount, 44 Hyde Terrace, Leeds LS2 9LN or fax to: 0113 305 5632

FOR MORE INFORMATION ON EACH OF THESE SESSIONS, PLEASE VISIT OUR WEBSITE
### RESERVATION FORM

Please select □ Treatment Resistant Depression - Pharmacological Interventions 25-Jun-10 (am)  

your session(s): □ Treatment Resistant Depression - Psychological Interventions 25-Jun-10 (pm)

#### YOUR DETAILS

- First name: [INSERT]
- Surname: [INSERT]
- Job Title: [INSERT]
- Speciality: [INSERT]
- Trust / Organisation: [INSERT]
- Preferred mailing address: [INSERT]

#### PAYMENT DETAILS

- **By Cheque** – I enclose a cheque (made payable to Leeds Partnerships NHS Foundation Trust) for: £[INSERT]
- **By Credit Card** – Please debit my VISA / MASTERCARD / MAESTRO (please delete as appropriate) for: £[INSERT]

#### COURSE FEES

- £140 per session early booking rate (payment must be received by 11-Jun-10)
- £150 per session standard booking rate (payment received after 11-Jun-10)
- £240 whole day early booking rate (payment must be received by 11-Jun-10)
- £255 whole day standard booking rate (payment received after 11-Jun-10)

#### PAYMENT METHODS

- We prefer to receive payment by cheque or credit card. If you would like us to invoice your organisation, a copy of your Trust’s or organisation’s official purchase order must be enclosed with this booking. 
- Payment must be received before the conference date. If you wish to take advantage of our early booking rate, full payment must be received by us before the early booking deadline. Late payments will be charged at the standard booking rate. If payment is not received by the day of the conference, you will be charged the standard booking rate. 

#### SPECIAL OFFER TERMS & CONDITIONS

- Reservations must be made at the same time and must be paid for to receive the discounted rate, discounts cannot be applied retrospectively. Cancellations will be subject to our reservation and cancellation policy as above, although we reserve the right to revoke the discount on any remaining bookings if the conditions of the special offer are no longer met.

#### RESERVATION & CANCELLATION POLICY

- Reservations must be received at the same time and must be paid for at the time of booking to receive the discounted rate, discounts cannot be applied retrospectively. Cancellations will be subject to our reservation and cancellation policy as above, although we reserve the right to revoke the discount on any remaining bookings if the conditions of the special offer are no longer met.

#### FURTHER INFORMATION

- For further information about all our future events and activities, visit www.andrewsimscentre.nhs.uk, email ASC@leedspft.nhs.uk, or call 0113 305 5638.

- Your personal information will be held on our database and used to process your application and to keep you informed of our events and activities. If you do not wish to receive information about our events, please tick this box.

- The Leeds Partnerships NHS Foundation Trust reserves the right to change the programme without prior notice. Where for any reason beyond its reasonable control the Leeds Partnerships NHS Foundation Trust cancels an event, the liability of the Leeds Partnerships NHS Foundation Trust shall be limited to a refund of the fee payable to the Leeds PFT for that particular event.